

2012 Creative Aging Festival Guide

Celebrating Older Americans Month

All events are wheelchair accessible

About Creative Aging

The “graying” of America - being heralded by many as the second American Revolution - promises dramatic changes in the field of aging. Arguably, one of the most profound changes is a new way of seeing older adults: moving from a “deficit” approach that stresses losses to an “asset” approach that stresses strengths, potential and achievements. ~ www.creativeaging.org

Dr. Gene Cohen, author of *The Creative Age: Awakening Human Potential in the Second Half of Life*, asserts, “There is no denying the problems that accompany aging. But what has been universally denied is the potential. The ultimate expression of potential is creativity.” It is Dr. Cohen’s groundbreaking research that found a direct link between creative expression and healthy aging.

In order to advance this new understanding of aging and the beneficial link between creativity, culture, and aging, the City of Bloomington Commission on Aging coordinates an annual Creative Aging Festival. The festival is a series of community events held during the month of May to celebrate Older Americans Month. Festival objectives are to:

- Showcase the talents and skills of both established and first-time older artist and performers.
- Promote intergenerational understanding through dialogue, sharing traditions, and storytelling.
- Enhance awareness about the value of creative engagement to adult health and well being.

Pragmatically, creative aging is living a life of self discovery. It is a journey of lifelong learning, creative expression, and community engagement in the pursuit of health, wellbeing, and sustainability.

A special thanks to our sponsors and contributors.

Sponsors

City of Bloomington Community & Family Resources Department

Ivy Tech Center for Lifelong Learning

Indiana University Center on Aging and Community

Bell Trace Senior Living Community

WTIU

National Center for Creative Aging

Contributors

Alice and Skip Oestreich in memory of Marguerite Oestreich

Dermatology Center of Southern Indiana

Comfort Keepers

Georgia Schaich

Julie & Ted Hill

Robert Soto in memory of Belia Garcia Soto

Sterling House

Area 10 Agency on Aging

April 22 - May 31

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Intergenerational Art Project

9:00am-4:00pm

Free Admission

Trinity Episcopal Church, 111 S. Grant Street

This is an intergenerational art project on the theme of "Creation." the design has been created by an artist with participants (all ages) free to choose the colors, mosaic pieces to complete the design. It is created in 9 panels with each panel symbolizing some aspect of creation. It will be able to be displayed as a whole piece or in 9 'exploded' pieces. The pieces are connected by the common circle created by a mirror. A tile artist will complete the grouting of the individual pieces prior to display.

Rev. Connie Pepler, Clergy staff

812-330-8052 or dcncpep@att.net

Trinity Episcopal Church

www.trinitybloomington.org

May 1- May 31

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Muse Whisperings: two exhibits in one

Library hours

Free Admission

Monroe County Public Library

303 E. Kirkwood Ave.

What does Jazz look like? Can you see a symphony in your minds eye? This art exhibit showcases the water color paintings of older adults living at Sterling House, who paint to music. Lotus Banners created by Bell Trace Residents will also be exhibited. Bell Trace artist draw their inspiration from Alabama artist Thornton Dial and the quilts of Gees Bend.

Julie Hill, Life Enrichment Director

812- 332-2355 or jhill@cardon.us

Bell Trace Senior Living Community/Sterling House

www.belltrace.com

May 1- May 31

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Bloomington Photography Club Exhibits

Old National Bank Art Gallery

210 East Kirkwood Ave, Bloomington

The Bloomington Photography Club presents two exhibits, Hands of Time, which will feature images of hands through generations. Also on exhibit will be images that explore the connection between the eye, the camera, and spirit by fostering the encouraging growth of artistic vision and technical knowledge.

May 17, 5:30-7:30pm ONB will be hosting a reception including hors d'oeuvres and wine.

Various times in May

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Life Maps: mix media collage work

Free Admission

Various events and venues throughout the festival

In preparation for the Creative Aging Festival, residents at Bell Trace Senior Living Community have been mapping their life stories through words, visual images, and song. Their work will be showcased at a variety of events and venues throughout the festival. Bell Trace is a member of the National Center for Creative Aging and is dedicated to fostering an understanding of the vital relationship between creative expression and the quality of life for older people.

Julie Hill, Life Enrichment Director
812-332-2355 or jhill@cardon.us
Bell Trace Senior Living Community
www.belltrace.com

Wednesday, May 2

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Senior Expo

10:00am-2:00pm

Free Admission

Twin Lakes Recreation Center, 1700 W. Bloomfield Rd

Senior Expo features free health screenings for seniors, plus an exhibit hall filled with businesses and organizations whose products and services are specifically for seniors, their families, and caregivers. There are Silver Sneakers and reg; demonstrations, Creative Aging Festival/Symposium, and displays and demonstrations by members of the Bloomington Lifelong Learning Coalition.

Bev Johnson, Recreation Programs Manager
349-3773 or johnsobe@bloomington.in.gov
Bloomington Parks and Recreation Department
<http://bloomington.in.gov/srexpo>

Thursday, May 3

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Food Flix Awards Ceremony

6:30pm

Free Admission

Ivy Tech Community College - Lamkin Hall

200 Daniels Way, Bloomington, IN 47403

This awards ceremony is the culminating event of the Food Flix Contest. Entries into this amateur short film contest were to feature an intergenerational interaction of an older person teaching a younger person how to prepare a traditional family favorite food. Video clips of the best submissions will be shown. Prizes will be awarded to the top three submissions. Prizes are donated by the Creative Aging Festival Committee, Ivy Tech Community College-Bloomington, and in memory of Belia Garcia Soto.

Robert Soto, Associate Professor of Sociology

812-330-6125 or rosoto@ivytech.edu

Ivy Tech Community College-Bloomington

www.ivytech.edu/bloomington

Saturday, May 5

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Golden Age Radio

9:00-11:00am

Free Admission

91.3 or 98.1 FM

Golden Age Radio plays the best tunes from the golden age of radio—jazz, pop, blues, big band, Broadway and the American songbook—from the 20s through the 50s. Every Thursday morning on WFHB. Have a request? Email it to bigband40@yahoo.com

Kathy Romy, Host/DJ

812-336-6076 or mkromy@earthlink.net

WFHB

wfhb.org

Sunday, May 6

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Emeriti House and Indiana University

Retirees Association Art Exhibit

5:30-7:30pm

Free Admission

Emeriti House, 1015 East Atwater Avenue

This is an annual juried art exhibit of works by retired faculty, librarians, and other employees from Indiana University and by retirees from other universities who now live in the Bloomington area. The show is sponsored by the Indiana University Emeriti House and the Indiana University Retirees Association.

Jerome (Jerry) Chertkoff, Chair Emeriti House Art Show Committee

812-339-9519 or chertkof@indiana.edu

Monday, May 7

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Nightingales singing group

10:30-11:30am

Free Admission

The Endwright Center, 631 Edgewood Dr. Ellettsville

The Nightingales will sing a variety of songs they have learned and practiced at The Endwright Center.

Sharol Laczkowski Position: Director, The Endwright Center
812-876-3383 ext. 515 or slaczkowski@area10agency.org
Area 10 Agency on Aging
www.area10agency.org

3 Mondays, May 7-21

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Creative Aging

10:00am-12:00pm

Admission Fee: \$39

Burton Kimble Farms, Orleans, Indiana

Join us the first 3 Mondays in May at Burton Kimble Farms for this lively, discussion-based class to help you visualize what you may still become and where you may still go in life's enormous journey. The farm, nestled in Orleans, Indiana, provides a wonderful backdrop for nourishing your creative spirit.

Susie Graham, Executive Director
812-330-6247 or sgraham31@ivytech.edu
Ivy Tech Center for Lifelong Learning
www.ivytech.edu/cil

Wednesday, May 16

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Ivy Tech Community College presents a

Creative Aging Symposium

10:00am-4:30pm

Admission Fee: \$25

Ivy Tech Community College, 200 Daniels Way, Bloomington, IN 47403

Symposium Fee: \$35 Includes lunch and .5 Continuing Education Units
Register by May 11, 2012

To register contact the Ivy Tech Center for Lifelong Learning at 812-330-6041

A day long workshop for professionals to explore best practices and emerging programming models that engage seniors in creative activities.

Keynote Presentation

Understanding the vital relationship between creative expression and quality of life for older adults

Susan Perlstein, founder of The National Center for Creative Aging. Ms. Perlstein is an innovator, educator, social worker, administrator and artist. She has written extensively on creativity and late-life learning. In spring 2006, she was guest editor of Generations Journal edition on "Arts and Aging." She received the Cavanaugh Award for excellence in "Creativity and Aging" Training from the American Society on Aging.

Best practices presentations

Intergenerational Collaborations: what works and what doesn't

Facilitated by Susan Perlstein, this workshop will focus on how to build community across generations. She will review model programs that bring young and old together through expressive arts and community initiatives. Topping off this workshop will be a special guest appearance from local musicians and recording artists Krista Detor and Carrie Newcomer who will talk about their experience with The Continuing Story, an intergenerational songwriting workshop held recently in Bloomington.

Art and Dementia

Programs at MoMA

Laurel Humble, from the Museum of Modern Art in New York City, will profile their award-winning program, *Meet Me at MoMA*. Designed for individuals with dementia and their family members or care partners, this interactive program provides a forum for dialogue through looking at and making art.

Panel Discussion

The Future of Community-based Programs for Older Adults

National and area experts will lead a strategic policy discussion on the future of community-based programming that meaningfully embraces active and creative seniors. Facilitators will include Phil Stafford, Ph.D., Director of the IU Center on Aging and Community, Bob Pitman, Director of the Mill Race Center in Columbus, Indiana, and Kerry Conway, Director of Area 10 Agency on Aging.

The Creative Aging Symposium is made possible with support from Bell Trace Senior Living Community and the Indiana University Center on Aging and Community.

Susie Graham, Executive Director
812-330-6247 or sgraham31@ivytech.edu
Ivy Tech Community College
www.ivytech.edu/cil

Thursday, May 17

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MoMA Demonstration and Training

10:30am-12:30pm

Free Admission

Indiana University Museum of Art

Laurel Humble, from the Museum of Modern Art, will lead a workshop at the IU Art Museum on developing and implementing a museum program for individuals with dementia. A central component of this workshop will be a gallery session where museum educators and docents are trained to lead appropriate tours for people with dementia. This session is by invitation only.

Ed Maxedon, Curator of Education

812-855-5445 or gmaxedon@indiana.edu

Indiana University Museum of Art

iuma@indiana.edu

Thursday, May 17

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Exercise to Music

1:00-2:30pm

Free Admission

The Endwright Center, 631 W. Edgewood Dr., Ellettsville

This exercise class will demonstrate a variety of exercises – all done to music.

The class will perform a variety of dances used for exercise.

Sharol Laczkowski Position: Director-The Endwright Center

(812) 876-3383 ext. 515 or

slaczkowski@area10agency.org

Area 10 Agency on Aging

www.area10agency.org

Saturday, May 19

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Tai Chi Demonstration

10:00am

Admission Fee: ?

B-Line at Farmers' Market

T'ai Chi Ch'uan is a Chinese Martial Art that emphasizes balance and coordination rather than muscle strength. It requires relaxation of the mind and body, and is practised to develop the mind as well as the body. Tai Chi movements can be practiced slowly as a meditation or as self-defence training. Because of these foci, it is an excellent preactise for elders.

Madeleine Gonin, Instructor

856-1378 or mgonin@indiana.edu

IU T'ai Chi Ch'uan Club

Saturday, May 19

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Generation Connection

2:00-3:30pm - drop in

Free Admission

Monroe County Public Library, 303 E. Kirkwood Ave., Children's Program Room

Kids, bring a Grandparent or favorite older adult and see what they can recall about some of these fun activities: Step into the "Generation Connection" and have fun with games like jacks or pick up sticks. Make a cootie catcher, fly paper airplanes, or give a hula hoop a try! You can even cuddle up in a corner and read a favorite book you both can enjoy. No registration required, just drop in sometime between 2:00 and 3:30 and learn some new games!

Ann Segraves, Homebound Service Coordinator

812-349-3084 or segraves@mcpl.info

Monroe County Public Library

www.mcpl.info

Saturday, May 19

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Time Travels: Bloomington's First Intergenerational Songwriting/Storytelling MiniFest

7:30pm, Ivy Tech John Waldron Arts Center

Admission fee: \$20 day of show

\$15 student/senior/child

\$18 advance

An artistic collaboration celebrating lifetime creativity in two timeless genres, song writing and storytelling. Hosted by Krista Detor and featuring internationally lauded songwriter Kenny White and a lineup of regional/local song and story writers. Special appearances by Carrie Newcomer and Arbutus Cunningham. Special thanks to BEAD.

Tightrope, Inc.

www.facebook.com/tightropeevents

Sunday, May 20

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Senior Science Sunday

1:00-5:00pm

WonderLab Museum members: Free

Non-members: Adults age 55+ with photo ID: \$3.50; Others, \$7.00

WonderLab, 308 W. 4th Street

Enjoy WonderLab's creative learning environment of hands-on science exhibits with a grandchild or a group of your friends! We'll have classic games, live animal demos, and science activity stations set-up for fun and brain-building creativity. Each senior visitor will receive a coupon to use in the Museum gift store.

WonderLab, 812-337-1337

www.wonderlab.org

Sunday, May 20

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Creative Elders in film

2:00-3:30pm

Free Admission

Monroe County Public Library, Auditorium 303 E. Kirkwood Ave.

View two films celebrating creative elders: "MR. DIAL HAS SOMETHING TO SAY." A self-taught multimedia artist, Thornton Dial was discovered by the outside art world in his 60's and his work has been shown in museums and galleries across the country to great acclaim. This feature documentary explores his unlikely and astonishing rise from a "yard" artist in rural Alabama to a national figure, whose art celebrates both his African and rural southern roots.

(60 min.)

"WATER FROM ANOTHER TIME" explores the life styles and creations of 3 elderly artists of Orange County, Indiana. Archival footage includes Lotus Dickey playing his violin; Elmer Boyd, inventor; and Lois Doene, artist and poet. A unique place and time in history, filmmaker Dillon Bustin captured these elder artists' contributions before they were lost to time. (30 min.)

Ann Segraves, Homebound Service Coordinator

812-349-3084 or segraves@mcpl.info

Monroe County Public Library

www.mcpl.info

Monday, May 21

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Fabric Arts Exhibit

12:00-4:00pm

Free Admission

The Endwright Center,

631 W. Edgewood Dr., Ellettsville

Various hand made items will be on display to show the talent of the members of the Fabric Arts group. Their specialty is quilting, knitting and crocheting. Some items will be for sale.

Sharol Laczkowski, Director The Endwright Center

812-876-3383 ext. 515 or
slackowski@area10agency.org
Area 10 Agency on Aging
www.area10agency.org

Tuesday, May 22

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Creative Aging: Prim Dolls and Prose Poems

5:30-7:00pm

Free Admission

Bloomington City Hall McCloskey Room

First floor, 401 N. Morton St.

Free parking in adjacent lot after 5pm

Jenny Kander has edited several volumes of poetry, produced programs for community and National Public Radio stations, and is a founding member of the Bloomington Free Verse Workshop. Her poetry has appeared in numerous publications. Recuperating from a recent illness, she began her creative foray into primitive doll and creature making.

Jane Harlan-Simmons, Research Associate
812-855-6508 or jeharlan@indiana.edu
South Central ArtsWORK Indiana
www.artsworkindiana.org

Monday, May 28

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Memorial Day Service to honor veterans

9:30am

Free Admission

Valhalla, Honor Garden

The Valhalla Memory Gardens in partnership with the VFW post 604 presents an annual celebration to honor our veterans. This special program will feature The Bloomington Community Band, The Southern Indiana Pipe and Drum Corp, and The Veterans Color Guard.

Jody Miller, Administrator
812-332-9321 or jmill@stonemor.com
Valhalla Memory Garden
ValhallaMemoryGardensInc.html

Tuesday, May 29

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Dementia and the Creative Process

6:30pm

Free Admission

Autumn Hills Assisted Living, 3203 Moores Pike Road

Dementia doesn't diminish one's efforts to make sense of the world. With the failure of language and linear thought, emotionally associated memories remain available as a repertoire for making meaning. Does this not compare with the artist's attempt to bring a work of art to life? Such a presumption values what people with dementia bring to us and provides a key in our attempts to be present with them. Join in a stimulating discussion with Michael Verde, nationally known speaker on the subject of dementia and the hidden self. Host: Autumn Hills Alzheimer's Assisted Living. Sponsored by the Memory Bridge Foundation and the Center on Aging and Community, Indiana Institute on Disability and Community.

Philip B. Stafford, Director, Center on Aging and Community

812-855-2163 or staffor@indiana.edu

Indiana Institute on Disability and Community

www.iidc.indiana.edu/index.php?pagelid=31

Commission on Aging

Mission Statement

Serves as a catalyst for improved public awareness of the senior and aging community and works in collaboration with diverse community members and organizations to build bridges, open dialogue, celebrate accomplishments, encourage programming, and explore issues and concerns so to assist in promoting solutions to the problems and challenges of our older citizens.

Our Initiatives highlight the artistic talents of older adults while promoting intergenerational understanding and increased awareness of the positive effect of creative engagement on adult health and well-being. The Creative Aging Festival is a series of community events held annually during the month of May to celebrate Older Americans Month. Festival objective are to:

Highlight the artistic talents of older adults, cultivate intergenerational understanding through dialogue, sharing traditions, and storytelling, and increase awareness about the value of creative engagement to adult health and wellbeing.

Staying in Place – Investigates the needs of our aging citizens who wish to remain in their own homes and works to expand housing options, improve transportation, enhance community based programs and increase the sustainability of our community.

Commission on Aging Members

Alice Oestreich, Chair

Jack Kahn, Co-Chair

Sophia Hauserman, Secretary

Mary Boutain, Lauren Cowan, Julie Hill, Connie Peppler, Georgia Schaich, and Wendy Scott

Staff Liaison: Sue Owens, City of Bloomington Community & Family Resources Department

Please Join us!

Meetings are open to the public. Second Tuesday of every month at 4:30pm

Showers City Hall, 401 N. Morton Street, Bloomington IN

Contact: Sue Owens by e-mail: owenss@bloomington.in.gov

Website: bloomington.in.gov/coa